



WELCOME KIT

What's included:

- Introduction to the project
- Instructions and Example
- Mask planning worksheets



Introduction to the project

Unmasking Brain Injury KIDS is a part of the worldwide awareness and advocacy project, Unmasking Brain Injury! The mission of Unmasking Brain Injury is to promote awareness of the prevalence of brain injury; to give survivors a voice and the means to educate others of what it's like to live with a brain injury; to show others that persons living with a disability due to their brain injury are like anyone else, deserving dignity, respect, compassion and the opportunity to prove their values as citizens in their respective communities.

PROJECT GOALS

1. To identify feelings associated with your brain injury
2. To translate these feelings into shapes, colors or images onto one of the paper mask outlines provided or a paper mâché mask
3. To increase awareness of the impacts and prevalence of pediatric brain injury

*****Note/disclaimer: Hinds' Feet Farm WILL NOT share any personal information with any third parties.**

Note: by submitting a mask, you hereby I authorize HFF, its assigns and transferees to copyright, use and publish this information about the mask in print and/or electronically. I agree that HFF may use such information about the mask with or without my name and for any lawful purpose, including but not limited to such purposes as publicity, illustration, advertising, social media, and Web content. This consent also includes the right to make such changes, fictionalizations and/or creative choices as HFF may decide in its sole discretion. I agree not to bring any action or claim(s) against HFF and its governing board, directors, officers, employees, volunteers, and/or agents now or in the future based on the use and depiction of my information. I understand that I may revoke this release in writing if I wish for my information to be excluded from future media uses. I understand that I cannot revoke a release of my information for which I have given prior consent for media that is already existing and/or published.

Note: Masks submitted to Unmasking Brain Injury become the property of Hinds' Feet Farm or your assigned state contact for the sole purpose of being displayed in the Unmasking Brain Injury events and will not be returned.



Instructions

The objective of “Unmasking Brain Injury” is to have each person living with a brain injury create a mask to share their experience and feelings about their brain injury. The following steps will assist you in supporting children and youth living with brain injury to successfully engage in the Unmasking Brain Injury activity.

1. Introduction: Explain to the children/youth they are invited to participate in an art activity where they can share their experience and feelings about their brain injury.
2. Suggested Materials that you may Provide:
 1. Computer/printer
 2. Pencils, Crayons, colored pencils, markers, highlighters
 3. Scissors/adapted scissors, glue, tape
 4. Paint and paint brushes
 5. Yarn, clay/Playdoh, scraps of fabric
 6. Construction paper/tissue paper
 7. Glitter
 8. Images from Google images, clip art, stickers, pictures from magazines
3. Modeling/Demonstrating:
 - a. You may choose to show and review the sample of “Sally’s” completed mask.
 - b. Review the feelings worksheets to show where ideas for Sally’s sample mask came from.
 - c. Review Sally’s completed graphic organizer to demonstrate how it was filled out before she began working on her mask.
 - d. Read Sally’s written narrative aloud.
 - e. Discuss the different feelings Sally may have had as she completed the activity.



Instructions

4. Activities:

a. Assist the participants with the completion of the graphic organizer using the feelings worksheets as a guide (you may have to scribe for some participants).

b. Have the participants select the child or youth mask outline provided.

(Participants may also choose to translate their design onto a paper mâché mask, if provided.)

c. Each participant can use the colors, images, textures, words and other materials that best represent what they listed on their graphic organizer to design/develop their mask. They may wish to express different feelings on separate sides of the mask.

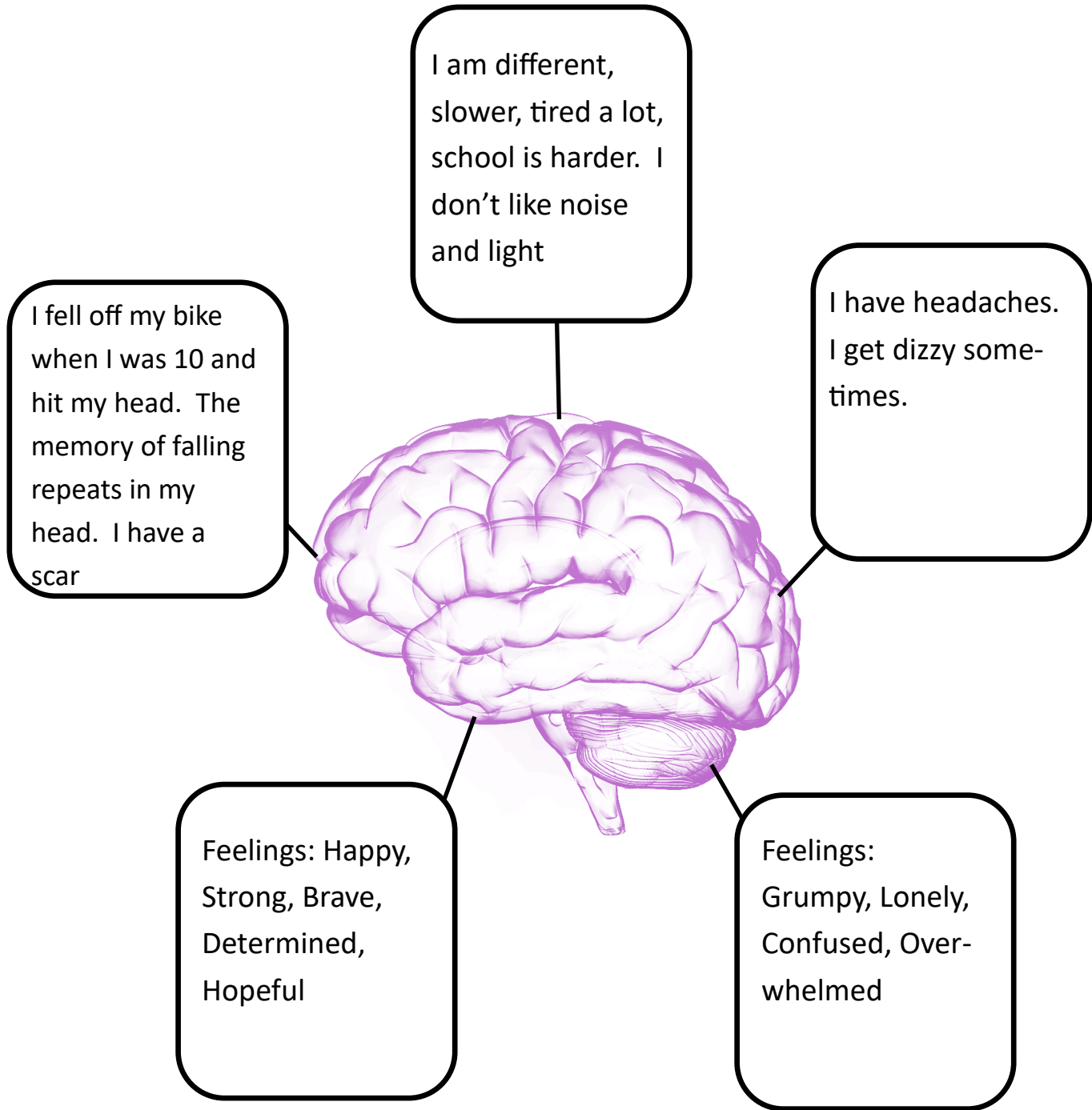
d. When finished, assist participants in completing the My Brain Injury Story Narrative document.

5. When the project is completed:

a. Email photos or the scanned images of the mask, graphic organizer and narrative to ubi@hindsfeetfarm.org (Subject line: Unmasking Brain Injury Kids)

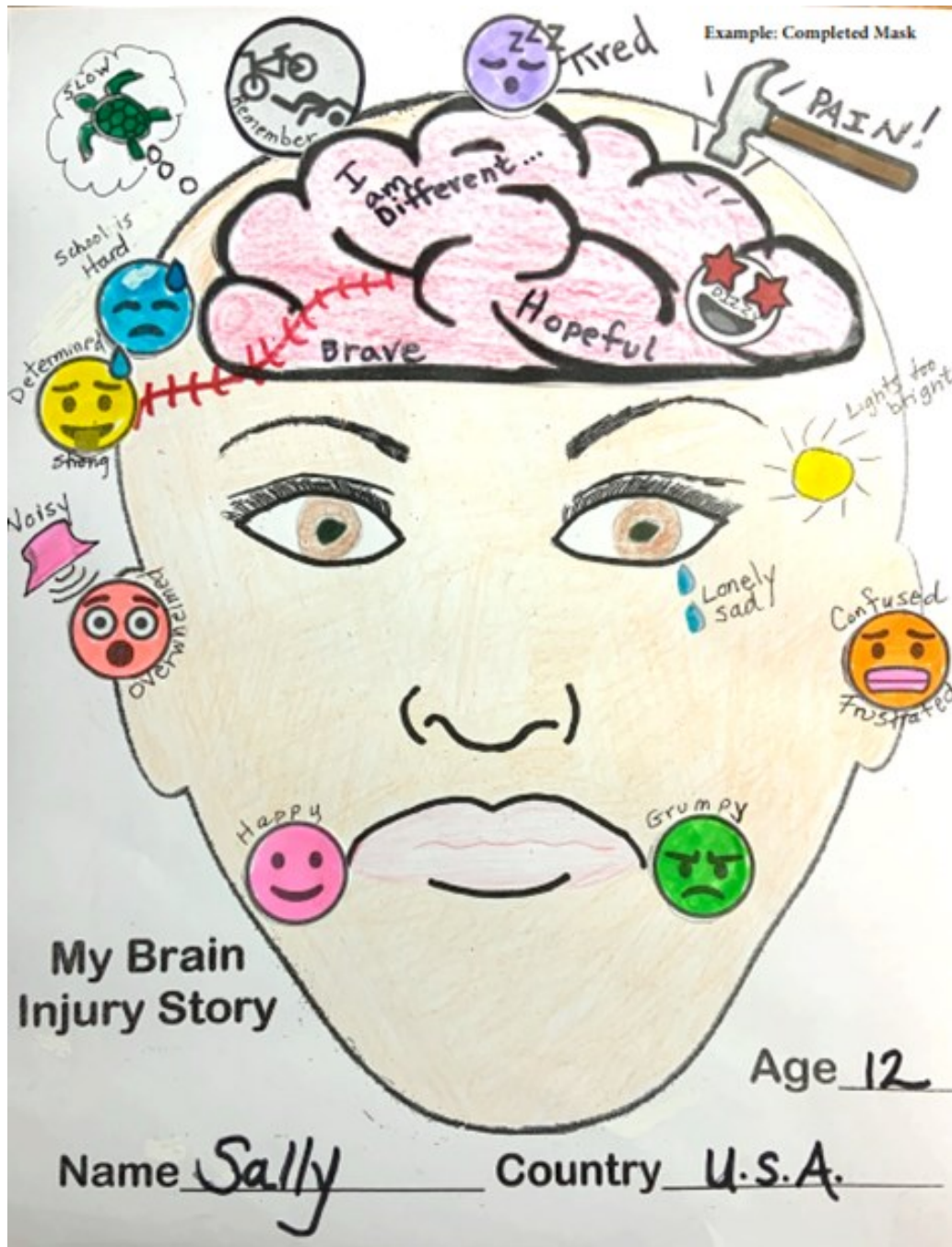
B. SMILE! You have just contributed to a movement that is bringing awareness of the impact and prevalence of brain injuries in children and youth across the world!

My Brain Injury Story Graphic Organizer Example



Name: SALLY Age: 12 Country: USA

Sally's Example





My Brain Injury Story Example

Name: Sally Age: 12 Country: USA

When I was 10 years old, I went for a bike ride, hit a bump in the road and fell off my bike. I hit my head and was in the hospital. I have a brain injury and a scar on my head. My Brain Injury changed the way I do things. It takes me more time to think and answer questions, so school is a lot harder than before. I am tired a lot, and sometimes I am dizzy or have a headache. Noise and bright lights bother me after my brain injury.

Sometimes I am happy, but other times I feel grumpy. When things I am asked to do make me confused, I get overwhelmed and frustrated, and get really grumpy. When I have help, I am happy, and determined to try my best and be strong. My teacher said I am brave, and that makes me hopeful about school.

Although I keep remembering when I fell off my bike, and am sad that I have a brain injury, sharing my feelings about it helps me to feel better. If you had a brain injury, you should share your feelings, and you won't feel lonely.



Emotions Worksheet

Suggested Feelings/Emotions List Guide. Circle any of the feeling words you may wish to place on your graphic organizer/mask. You may also choose your own words not listed here.

amazing	funny	challenged
brave	glad	confused
brilliant	hopeful	depressed
calm	kind	different
capable	loveable	distracted
cheerful	lucky	embarrassed
comfortable	peaceful	frustrated
confident	positive	grief
courageous	powerful	helpless
creative	proud	hurt
determined	safe	lonely
eager	strong	overwhelmed
excellent	afraid	tired
fabulous	angry	worried



unmasking[®] braininjury KIDS

Consider the emotions you picked on the previous page and how they relate to colors. This might affect how you display your emotions on your mask with color or imagery.



Red

Passion
Aggression
Important



Orange

Playful
Energetic



Yellow

Happy
Friendly
Warning



Green

Envious
Stable
Prosperous



Blue

Inviting
Sad
Serene



Purple

Luxurious
Romantic
Mysterious



Pink

Young
Innocent
Kind



Brown

Sturdy
Reliability
Natural



Black

Powerful
Unhappy
Sophisticated



White

Clean
Healthy
Pure

The logo for 'unmasking braininjury KIDS' features a stylized face icon on the left, composed of overlapping colored segments (purple, orange, teal). To the right, the text 'unmasking' is in teal, 'braininjury' is in purple, and 'KIDS' is in large, bold, multi-colored letters (orange, purple, teal).

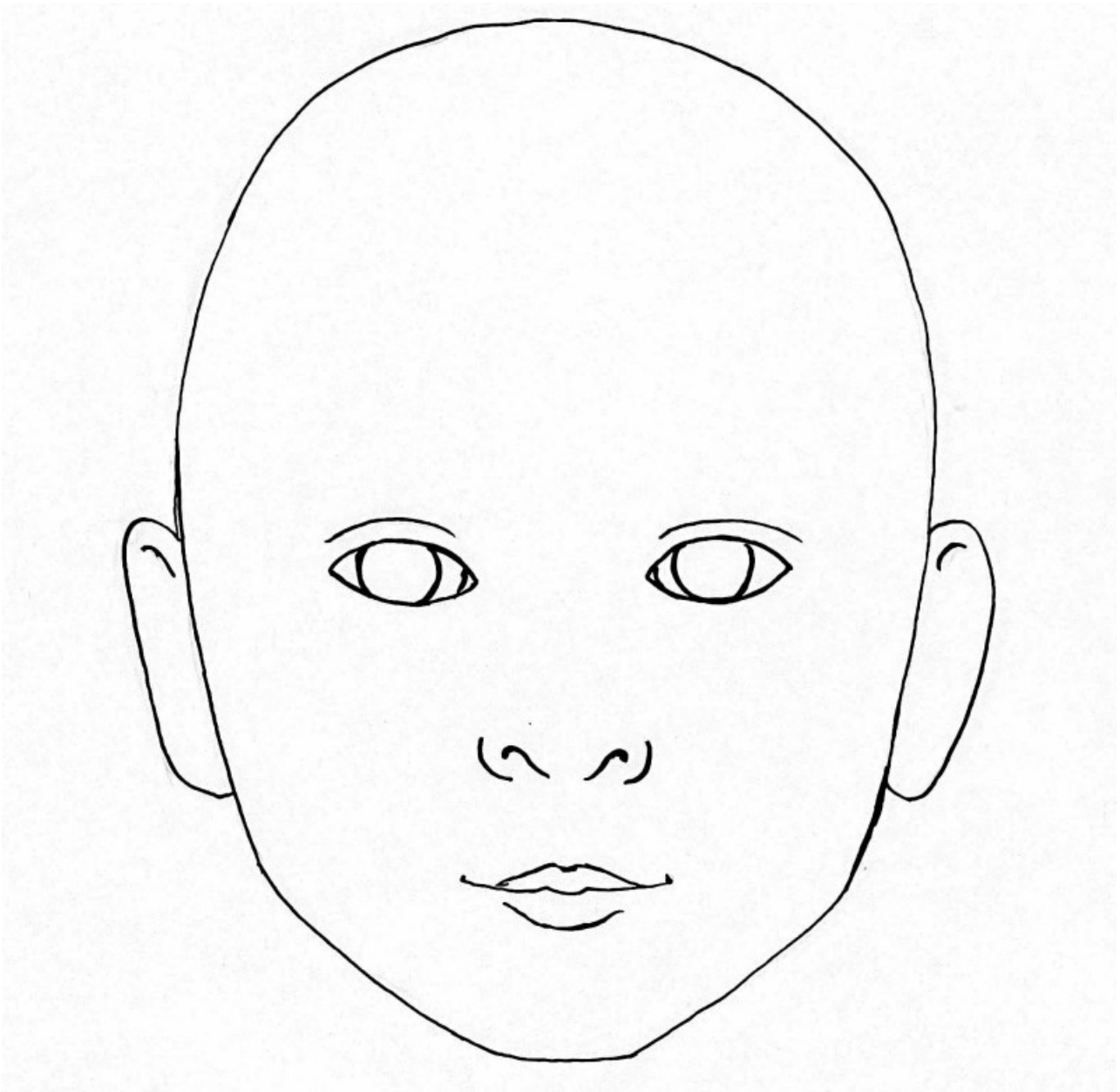
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Mask Practice Worksheet

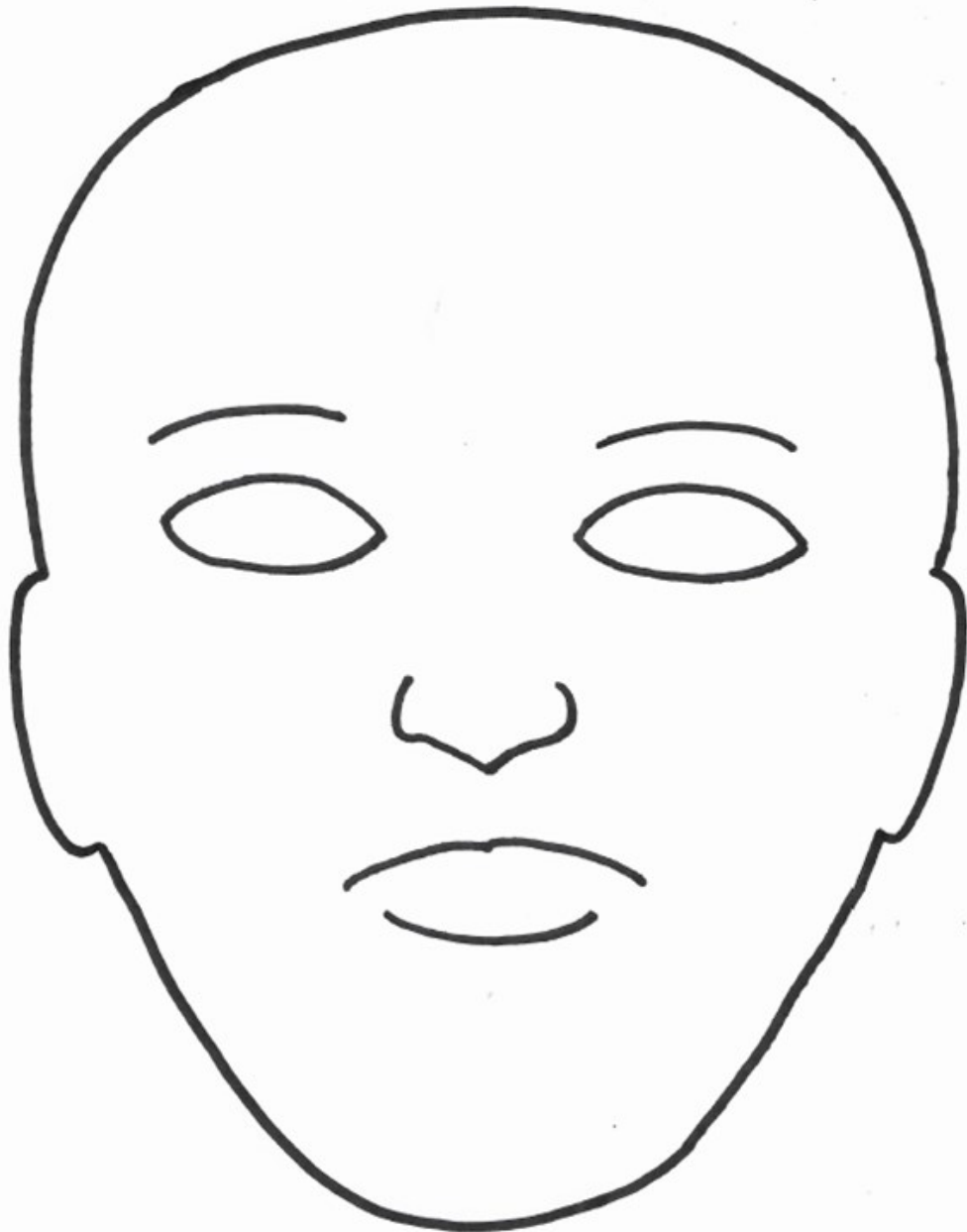
Use this practice mask to collect your ideas and thoughts before committing to the real thing. Write what colors or words you would use and where you would put certain objects.



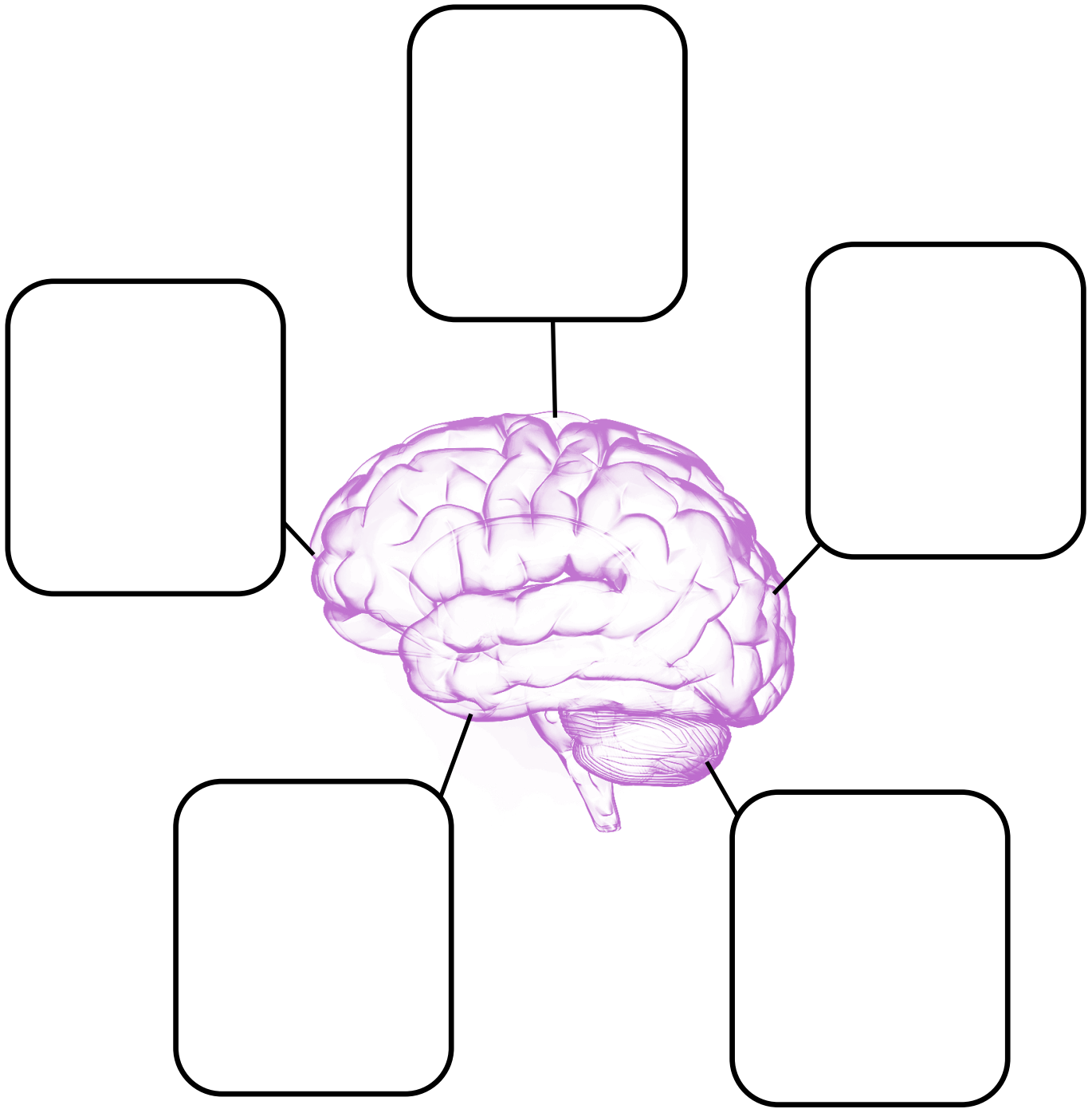


Mask Practice Worksheet

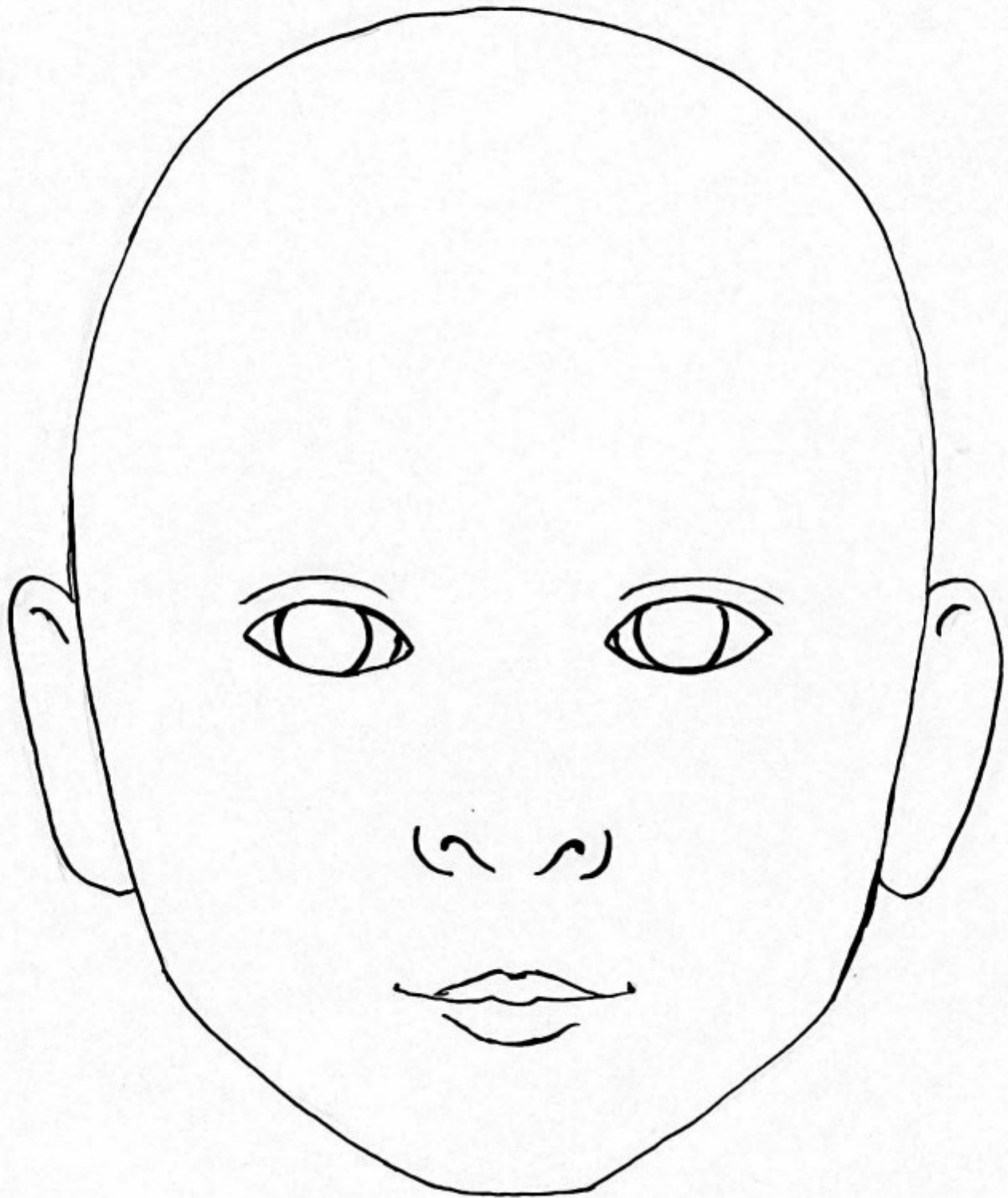
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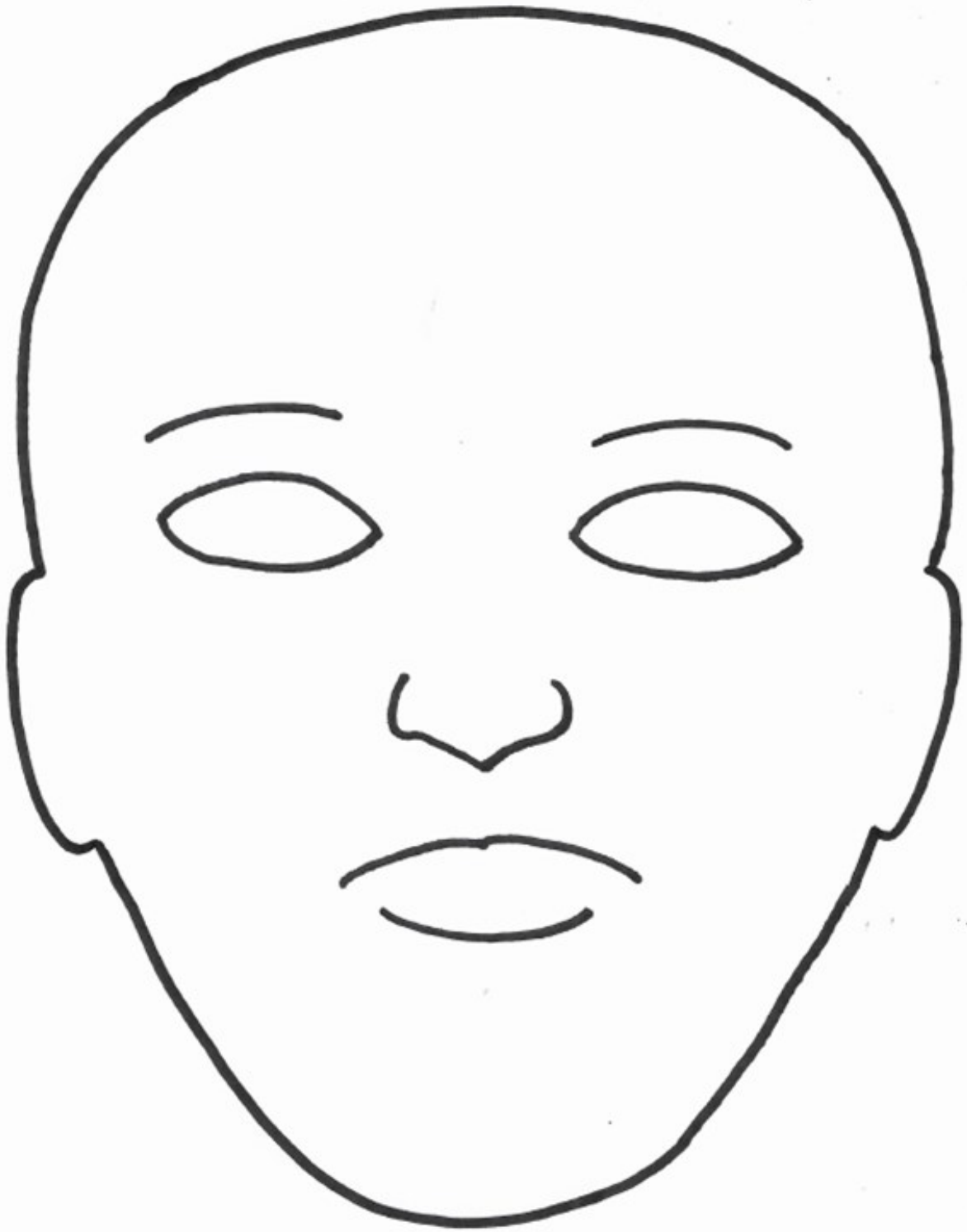
My Brain Injury Story Graphic Organizer



Name: _____ Age: _____ Country: _____



Name: _____ Age: _____ Country: _____



Name: _____ Age: _____ Country: _____

